



Bali Winter Solstice Retreat Itinerary

18th - 27th June 2026 (9 nights)

I am excited to be sharing an extraordinary Retreat to Bali to work with the Ancient Guardian Dragons on the Winter Solstice.

Join me for this beautiful Retreat, journeying to 7 Sacred Balinese Temples, meeting the Guardian Dragon of each site. These mighty Dragons have been waiting for us and asking that we work with them to support Mother Gaia as she assists humanity to awaken.

These gentle loving Dragons invite us to journey with them into the Lakes, into secret hidden caves, into Etheric Temples, and into the Heart of Mt Agung.

The 7 Ancient Guardian Dragons each unlock 3 Sacred Light Codes, these are here to assist us to draw on the Magic and Power of the Ancient Dragon Energies as we continue to move through these prophesied times.

Day one - Thursday 18/06/2026: Arrival in Bali & Welcome Dinner

After a great flight to Bali and you're checked in to our lovely hotel on the outskirts of Ubud, enjoy the pool or the local cafes around our hotel.

We'll meet about 6pm for our "Welcome Dinner" at The Elephant Restaurant and Bar a short stroll from our hotel.

This iconic restaurant overlooks the beautiful Tjampuhan Ridge and is well known for creating



delicious, healthy food in a conscious and sustainable manner. A vegetarian restaurant, with vegan and gluten free options, here we'll enjoy getting to know each other before our Retreat starts tomorrow.

Day two – Friday 19/06/26: Pura Mengening Water Temple Pura Gunung Kawi – Valley of the Kings

Our first day of the Retreat begins mid morning.

Our first stop is learning how the beautiful Balinese make the offerings used each day to honour the many Gods and Goddesses. Our offering will be used at the Water Purification Ceremony at Pura Mengening. Here we release all that no longer serves us into the sacred waters, sending our prayers to Source.



After our Purification Ceremony we will be taken to our first Temple, Pura Gunung Kawi.

Here we will activate

our Star Bodies of Light and meet with the Opaque Guardian Dragon of the Temple, receiving our first 3 Sacred Light Codes.



Day three - Saturday 20/06/26: Ulun Dan Beratan – Temple on Lake Beratan Botanical Workshop/Free time

We have an early start this morning. Ulun Dan Beratan, a picturesque Temple on beautiful Lake Beratan. We'll explore the Temple which is dedicated to the Balinese Water, Lake and River Goddess Dewi Danu along with honoring the Gods Shiva, Vishnu and Sang Hyang Wadih.



We will meet with the Mighty Blue Guardian Dragon of the Lake, as they take us on a journey to gather the next 3 Sacred Light Codes.



Afternoon free to book a massage or explore Ubud

Day four – Sunday 21/06/26: Goa Garba – The Giant's Step Temple Winter Solstice

Batik Class or Silver Smithing Class/Free time

Today is the Winter Solstice, a time of reflection, honouring ourselves and our journey, as we welcoming the return of the light with hope and joy.

After an early breakfast we will have the choice of either a Batik class or a Silver Smithing class.

A Batik class involves applying wax to the fabric before dyeing it, creating intricate patterns and designs like a stained-glass window.

In a Silver Smithing Class, you'll learn the art of jewelry making, covering design, shaping, and polishing, allowing you to create a unique silver piece inspired by Balinese culture.





After lunch we will drive the short distance to the local Temple of Goa Garba. A 12th century temple, believed to be a school and place of study for King Jayapangus's Children. This mysterious site has 2 large niches in the wall at the bottom of the hill used for meditation. Here we will meet the Mighty Red Guardian Dragon of this site and receiving the next 3 Sacred Light Codes.

The late afternoon and evening will be free to explore Ubud or relax at the hotel.

Day five – Monday 22/06/26: Pasar Agung Temple & Pura Lempuyang Luhur - One of the Nine Directional Temples. Free time this afternoon



After an early breakfast we have a beautiful drive up to Pasar Agung, Bali's highest Temple, located near the top of Mt Agung. Known as the "Market Temple of the Gods of Heaven". The Temple is often shrouded in the mountains mists, making it mysterious and very magical.

Here we will bring offerings and receive a blessing from the local priest.

We will also meet with the Orange Guardian Dragon; this mighty Dragon takes us into the heart of Mt Agung to an Etheric Temple. Here we receive our 3 Fire Light Codes.



The late afternoon is free to explore Ubud or to relax by the Hotel pool.

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Day six – Tuesday 23/06/26: Integration Day

Today is our Integration Day. Enjoy a lazy breakfast, relax by the pool overlooking the terraced rice fields or maybe book a luxurious massage or spa treatment in one of the many local spas, Bali has many workshops and tours in and around Ubud to discover.

Here are some suggestions (these options are not included in our Retreat and prebooking's maybe required)



- * Wander through the streets of Ubud, discovering small local markets and fabulous restaurants.
- * Jungle Swing and Waterfall Tour
- * Balinese Coffee Tasting Tour
- * Incense Making Workshop
- * Balinese Cooking Class
- * Walk through the Monkey Forest in Ubud
- * Yoga session at The Yoga Barn or one of the many other studios in Ubud
- * Evening Balinese Dancing Show
- * Art Galleries surrounding Ubud
- * Walk the Campuhan Ridge or the Rice Fields to one of the many local coffee shops
- * Bali Botanicals Workshop make your own products (sunscreen, body scrub and more)



Day seven – Wednesday 24/06/26: Goa Grajah – Elephant Temple Pyramids of Chi/ Free time

After an early breakfast we will drive the short distance to the local Temple of Goa Grajah.

A mysterious Temple dating back to the 11^{th} century and thought to be a hermitage or sanctuary for Hindu priests, a place for spiritual meditation. The Elephant Cave has images of Ganesha carved into the rocky entrance.

This Temple complex also has small Buddhist Temple, fountains and bathing pools.



The bridge down near Buddhist Temple, over the sacred waters is where we will meet the Guardian Green Dragon of this Temple. Diving into the sacred pool of water the Dragon takes you into a Light Temple below the waters, here you receive the next 3 Sacred Light Codes.



This afternoon we will enjoy lunch at the Pyramids of Chi, before being bathed in an Ancient Sound Healing in a cosmic Pyramid, aligned with the stars, surrounded by water and set in beautiful terraced rice fields.

Day eight – Thursday 25/06/26: Pura Luthur Batukaru – One of the 9 Directional Temples. Free time

After breakfast we will drive to up into the mountains to the beautifully serene Temple of Pura Luthur Batukau on the slopes of Mt Batukau.

Temple Pura Luthur is one of the 9 Directional Temples of Bali and is one of the important pilgrimage Temples.

As a Guardian Temple of the West, Pura Batukau is dedicated to Dewa Mahadewa, God of Plants.

Here we will meet the Yellow Guardian Dragon of this Temple. This mighty Dragon takes us to a Crystalline Temple of Light to receive the next 3 Sacred Light Codes.

Our afternoon it's free to enjoy our time in Ubud



Day nine – Friday 26/06/26: Pura Taman Saraswati – Water Temple, Breakfast, Spa Pampering & Farewell Dinner

We will have an early start, arriving at Pura Taman Saraswati Temple just before 8am. This beautiful Temple is in the heart of Ubud surrounded by ponds of beautiful lotus flowers.

Here we will meet our last Guardian Dragon with a Meditation at the site to receive the final 3 Sacred Light Codes.

Followed by breakfast at the Lotus Café, with magnificent views overlooking the Temple and the lotus ponds.



This afternoon we will enjoy a 2 hr divine spa treatment; including a massage and soak in a beautiful flower bath.

Or there's free time to explore Ubud with its many markets and shops.

Our Farewell dinner will be held at the magnificent Zest, an organic, vegan restaurant in the heart of Ubud.

Day ten - Saturday 27/06/26: Checkout and Fly home

Enjoy breakfast and a lazy morning at our Hotel, with check out at 11am. There might even be time for one last massage!

Have a great flight home and thank you for sharing the Bali Dragon Retreat with me.



10 Day Winter Solstice Tour in Bali with the Mighty Dragons

18th - 27th June 2026

Option 1: AUD\$2599 per person for Deluxe Room - private room

Option 2: AUD\$2899 per person for Superior Room - private room

- price based on minimum 6 people.

If this journey resonates: AUD\$500 deposit will hold your place.

Final payment due 30th April 2026

What's included in the Tour

- Meditations in 7 Sacred Balinese Temples
- Transportation to visit the sacred places of Bali
- Admission tickets to visit the spiritual Temples in Bali
- 9-night's accommodation in a hotel in Ubud
- Welcome Dinner in Ubud
- Breakfast each morning at the Hotel
- Breakfast at the Lotus Café on our final day
- Farewell Dinner including a cocktail at Zest
- Batik or Silver Smithing Workshop
- Temple Offering making class
- Transport to and from Sound Healing, Batik or Silver Smithing Classes, Dinner at Zest
- 2hr Spa Treatment
- Ancient Sound Healing at the Pyramids of Chi
- Crystals, Guidebook, Materials for creating your own Codes to take home
- Tips and Gratitude's



What's not included in the Tour

- Return flights to the Bali
- Transport to the hotel in Ubud can be arranged at an additional cost.
- All other costs incurred before the start of the Retreat in Ubud 18th June 2026 and after the Retreat finishes on 27th June 2026
- Integration Day optional activities are not included in the Retreat and prebooking maybe required for some of the options. Contact me for booking details for these activities.
- Travel insurance or any other insurance personal to you
- Passport and visa costs
- Vaccinations and medication, before, during and after the Tour
- All food that is not mentioned in the travel itinerary i.e. Lunch, Dinner and all snacks
- Gratitude tips
- Anything that is not indicated on the itinerary

Deposits and Full Payment can be made directly to:

Bendigo Bank

NexStar Travels BSB: 633 000

Account: 171 907 793

Wise - International Transfers (contact me for payment details and links).

WeTravel - Contact me for details



I look forward to sharing this wonderfully unique Retreat with you, taking you to some of the incredibly Sacred places in Bali and sharing the Ancient Guardian Dragons with you.