



Meditation Information

Codes of Transition Meditations

Each of the Codes of Transition cards, has its own and unique set of channelled meditations. These are a beautiful way to integrate the energy and light coding held within these powerful light language cards.

These beautiful meditations take us on journeys into the stars, into the Inner Earth and into divine healing chambers where we meet with Angelic and Higher Dimensional Beings, Ascended Masters, and our own Higher Self in profoundly transmutational journeys.

They activate on so many levels and are here to expand our consciousness as they are multi-dimensional vortexes of light and power, the Codes of Transition are here to assist us to easily move forward on our spiritual journey, supporting us to fulfil our greatest potential.

Each mediation is recorded live in my own mediation group.



Peace Code Meditation

Peace Code Meaning: Peace is something we all deeply desire; to bring peace into our lives is one of the greatest gifts we can give to ourselves. Peace of mind, Peace of body, Peace of soul.

Works with the Crown Chakra.

In the Meditation for the Peace Code, we are joined by many healing Angels and Archangels as the soft vibrational light of this Code moves us into a healing gateway held within the Code and into a high vibrational Healing Temple. Here we receive the highest healing within a cocoon of light that is in divine order for our Being in this moment *18:59mins*



Forgiveness Code Meditation

Forgiveness Code Meaning: Forgiveness of ourselves and of each other, is truly the greatest release. It will make our journey a divine passage of true serenity. To truly Forgive, brings a deep sense of peace, understanding and love.

Works through the Solar Plexus Chakra.

The powerful Forgiveness Meditation, we are joined by 20 Enlightened Masters, all who hold divine Christed frequencies. A Christed pyramid of light is anchored over us as the Masters bring the Forgiveness Code and begin to comb the Code through our chakras and energy bodies transmuting all that no longer serves us, back into the Light. *19:39mins*



Love Code Meditation

Love Code Meaning: We are surrounded and bathed in immense Love as Angels, Archangels and our loved ones hold the energy of compassion, serenity and peace. You are always deeply loved, for you are the light of God.

Works with the Heart Chakra.

Our meditation for the Love Code, connects us with the healing light frequencies held within this Code. We again journey into the Earth Mothers crystal heart, where we are joined by Mother Gaia and a group of Archangels. Mother Gaia brings a pearl orb, filled with the most divine Love frequencies as you are joined by your Ancestors to receive the deep love of your family. A power Meditation of connection to our Ancestral families. *18:38mins*



Radiance Code Meditation

Radiance Code Meaning: We are the children of light carrying a spark of the Divine deep within our hearts. This is our true state, to be a Radiant Being, brighter than any sun, shining our inner light out into the universe.

Works with the Hara Chakra.

In the meditation for the Radiance Code, a cocoon of light is created as we breath the soft pink and green light frequencies into our chakras and energy bodies raising our vibration so that we may enter an Inner Earth Temple. We are gifted with crystals by the High Priestess as she assists us to fully move into the sublime voidal energy held within the Radiance Code.

19:16mins



Nurturing Code Meditation

Nurturing Code Meaning: Nurturing ourselves and allowing others to nurture us as well, will bring immense comfort and love which we will feel deeply, completely and profoundly.

Works with the Base Chakra.

Our Meditation begins by connecting deeply with the beautiful loving energies held within the Nurture Code. We are joined by 12 Archangels holding the Rainbow Light Spectrum. Each Archangel placing a ring of light into our 12 primary chakras, lifting us into a higher dimension as we connect with all our divine teams & Divine Presence.

24:44mins



Inner Knowing Code Meditation

Inner Knowing Code Meaning: There is always a deep sense of calm as our Inner Knowing guides us, supports us, and brings comfort to us. This is not the end. This is just the start of our next journey, a journey into the heart of our Mother/Father/God.

Works with the Throat Chakra.

We begin our meditation for the Inner Knowing Code. We again move into a golden pyramid of light joined by our Higher Self, who drapes us in platinum robes of light as we move into the higher dimensions of our heart, into the library that holds all our deepest knowledge. We spend time in the library with the Book of Knowledge seeking assistance in our lives at this time.

23:05mins



Awakening Code Meditation

Awakening Code Meaning: Awakenings expand our being, bringing in more light, love and joy to our soul. We realise that we are remarkable Sovereign Beings on an amazing journey to the heart of our Mother/Father/God.

Works with the Higher Heart or Thymus Chakra.

The meditation for the Awakening Code, we are joined by Master Helios, activating the cosmic infinity placed within the higher heart, we are moved through the gateways held within our sun, the central sun and the great central sun to connect with 3 Masters from each sun, receiving gifts to assist us deeply with our Awakening at this cosmic moment.

21:28mins



Surrender Code Meditation

Surrender Code Meaning: Surrendering is truly a blissful experience; coming to that moment in our lives where to Surrender is all that is left to do. To Surrender is truly our greatest joy. It brings us an incredible peace.

Works with the Link Chakra.

The meditation using the Surrender Code, in a beautiful meditation of remembrance of where we have come from, as we are carried into the stars to our home. Here we connect with a Radiant Starry Being who brings Light Codes from our original home, to be anchored on the Earth at the perfect moment.

19:55mins



Wisdom Code Meditation

Wisdom Code Meaning: We all have Wisdom; it lies deep within our hearts. Wisdom always carries strength. It has a knowing, it is quiet and it sees all, yet makes no judgement. It allows all that is, to simply be.

Works with the 3rd Eye Chakra.

In this meditation, we move into our 3rd eye chakra, and into a golden pyramid of light held in the centre of our chakra, moving through this pyramid, we are transported to the Great Pyramid in Egypt and meet by Isis and 12 High Priestesses. Elixirs are poured over us, raising our vibration so that we may journey to a great cosmic pyramid on Sirius, to receive a deep crystal healing.

22:13mins



Faith Code Meditation

Faith Code Meaning: To have Faith means knowing that we are never alone. Knowing there will be many hands to hold us, to support us, to bring us comfort, understanding and peace, as we move closer to our Mother/Father/God. And what a divine comfort that truly is. Works with the Earth Star Chakra.

In this meditation, 12th Dimensional Violet Flame Angels and Archangels join us as we continue to work with St Germaine. The Faith Code morphs into a golden sphere with swords of light, cutting through old cords, attachments, all that no longer serves us in our divine purpose at this Cosmic Moment. *19:57mins*



Dream Code Meditation

Dreams Code Meaning: Our Dreams are the journeys of our beautiful soul. Taken when the stillness of our mind allows for the messages, teachings and understandings to be heard. We are eternal shining stars whose light is never diminished. Works with the Sacral Chakra.

In this Meditation for the Dream Code, we are joined by a group of Galactic Beings, who lift us into a higher dimension. Here we enter a lake and are taken into a beautiful city of light at the bottom of the lake. Where we join a sacred council, a council that you join in your sleeping dream state, to receive a deep activation for this precious cosmic moment we are in. *22:20mins*



Unity Code Meditation

Unity Code Meaning: Unity is the ultimate understanding that we are all one. We are one with our children, our neighbours, even strangers. Knowing this brings us freedom, brings clarity and strength. We are never alone, we are held by all, and we are deeply loved. Works with the Soul Star Chakra.

In our meditation, we are joined by a group of Angelic Ones who hold the Gold Ray and work deeply with our Masculine and Feminine pillars. The two pillars are merged and braided together within your heart, allowing us to see the divinity and sacred oneness of all. A beautiful and powerful meditation. *21:42mins*

How to work with the Codes during Meditation

Each Meditation includes “Opening the Circle or Sacred Space” and a “Grounding” Meditation before commencing the first Meditation for the Code.

Before starting each of the meditations, it’s a great idea to connect with the Code. Spend a moment or two looking at the image of the Code.

These are multidimensional Light Language cards, so you may feel energy or a vibration in certain parts of your body or even moving through your body as you connect deeply with the image.

Once you have spent a few moments connecting with the Code, you are then ready to start the Meditations and your transformational journey.

Owning your own set of the Codes of Transition is a powerful way to connect with each of the Codes and their accompanying Meditations.

The Codes are available for purchase in the Store.

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