



## **Meditation Information**

### **Codes of Transformation Meditations**

With this new series of meditations, we begin a galactic journey as we start with the Earth Star Chakra and the Anchor Code, finishing with the Soul Star Chakra and the Transcendence Code.

Working through each of the 12 primary chakras with the assistance of Ascended Masters, Celestial Angels and Divine Light Beings.

We bring the unique colour and vibrational frequencies from each of the Codes, use in each session, through our physical and energetic bodies, to amplify, to energise, to activate, to transforming ourselves in the constantly changing energies that move upon the Earth.

Each Light Codes Meditation is recorded live in my own meditation group.



### Anchor Code Meditation

Anchor Code Meaning: A Master Code: To bring into focus. It is a Code that brings great focus to the work we do both within ourselves and on behalf of the Earth. It anchors this inner work into the Earth, creating a powerful vortex of energy around it, sending it where it is directed or needed.

Sound: O Ma Opi Ay

Works with the Earth Star Chakra

In this meditation, a cocoon of light begins to form around us, as we begin to activate the golden disk below our feet in the Earth Star Chakra. The 12 Codex of our Souls signature begin to ignite as we anchor our light within the Inner Earth, with the assistance of the Light Being who holds the Anchor Code within their heart. *18:59mins*



### Unification Code Meditation

Unification Code Meaning: As above and below, so within. Unification brings all that is unseen into the heart. It brings the higher light frequencies together with all that is held within the Earth, together, anchoring them again into the sacred heart.

Sound: Oosh ma nee

Works through the Link Chakra

In this meditation Celestial Angels gather as they activate a golden shaft of light. Moving out into the cosmos, the Celestial Angels begin to gather our consciousness from the far reaches of the galaxies. They then send your consciousness into the Earth, to gather all that has been left within the sacred places, unifying all that has been scattered. *19:54mins*



### Divine Masculine Code Meditation

Divine Masculine Code Meaning: This is the time of the Divine Masculine, to work with and through the Divine Masculine self will bring those divine aspects of Wisdom, Knowledge, Strength and Abundance to all that we need to realign.

Sound: Oo na Key

Works through the Base Chakra

We connect with Lord Sananda who brings the Ancient Ones, they place small glowing crystals into each of our Chakras, they then tone to activate the crystal light pillar that has been created, through which your Divine Masculine begins to anchor through. Again, anchoring your strength and wisdom all aspects of your Divine Masculine again upon the Earth. *21:34mins*



### **Divine Feminine Code Meditation**

Divine Feminine Code Meaning: The Divine Feminine energy is full of grace and beauty. She holds the remembrance within her womb of all that is truly sacred upon this Earth. Know that you are the Divine Feminine, who holds the nurturance of all within your heart.

Sound: Om Nee Shanti

Works through the Sacral Chakra

The meditation with the Divine Feminine Code, we begin with the mantra for the Divine Feminine as we are met by the Light Being who holds this Code within their heart. We meet with an ancient Grandmother Tree and Elemental Beings within the Tree, here we begin to anchor our Divine Feminine self again within the Earth. *20:55mins*



### **Trust Code Meditation**

Trust Code Meaning: Trust that all is working in divine order and timing, know there is always a great plan to unfold. Trust beloved that you are on the right path, as we hold space for you within the vastness of our hearts. Trust we say, for we see all that is to unfold. Trust we say, for we know thy hearts true desires. Trust we say for there is light.

Sound: Ohwa Ohwa Ohwa nee

Works through the Hara Chakra

Our meditation with the Trust Code, Lord Sananda places the Trust Code within the Hara Chakra, as you are joined by Celestial Angels and the beautiful Mary Magdalene. She opens a gateway held within the Trust Code, and asks that you journey with her in deep Trust to a place that holds a deep healing for you or to sit with a Divine Master for a teaching or guidance. *20:41mins*



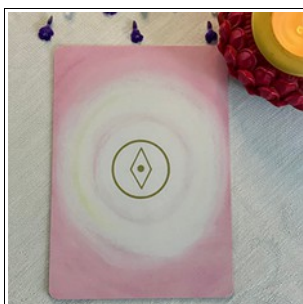
### **Manifestation Code Meditation**

Manifestation Code Meaning: Manifestation brings cosmic energy into alignment with the heart's true desires. To Manifest consciously requires us to hold this vision within our 3rd Eye and to bring this down into our Solar Plexus Chakra, the centre of creation, expansion, manifestation.

Sound: Um-na Um-na Um-na new

Works through the Solar Plexus Chakra

Our meditation with the Manifestation Code, Celestial Angels gather as the Light Being who holds this Code within their heart places this Code into your Solar Plexus, calling for the Celestial Masters to stand on the corners of the Code. They activate a prism of light held within this Code as golden rainbow light expands all around you. They show you how to use this manifestation chamber to create the all that your heart truly desires. *18:42mins*



### **Grace Code Meditation**

Grace Code Meaning: The Code of Grace works with a trinity of Divine Feminine Masters, Lady Nada, Quan Yin and Lady Portia. To stand in the Light of Grace, to speak with the Light of Grace, to hold the Light of Grace within you, is to move into true mastery.

Sound: Shewa Shewa Shewa

Works through the Heart Chakra

In this meditation we move into the Temple of Grace and Compassion, where the 4 Lady Masters who work with this Code come to bring gifts, placing these within you. Small pearls of Grace are placed within your heart, these are expanded filled with the light and love of your Being, these pearls are then shared with humanity as gifts of Grace. *22:11mins*



### Integration Code Meditation

Integration Code Meaning: The Integration Code is a chamber of light, forming a pillar over and around the physical body. Working with the Integration chamber, as it spins allows for the deepest assimilation of all that is being received at this cosmic moment. A Code to be used when working with the New Earth Energies.

Sound: Kee-sha nee

Works with the Higher Heart Chakra

As we begin our meditation, a star shaped Temple begins to activate over us, with a light chamber contain within it. Cosmic infinity symbols are placed into each of our 12 primary chakras to activate each one. We are lifted into a higher dimension as the Integration chamber activates filling with frequencies that hold New Earth vibrational energy. *23:59mins*



### Transformation Code Meditation

Transformation Code Meaning: We are never alone in our Transformational journey. We hold and are surrounded by so much love and support as we step on the path to Transformation. Ask for assistance in aspects that no longer resonate or feel supportive to us.

Sound: oo-wa nee ker-tain

Works through the Throat chakra

Connecting to the Transformation Code in this meditation, we receive a golden then sapphire light bath, lifting our vibration as we choose one of the 5 Transformational Temples to work within, to receive all that is in divine order for our Being at this moment. *22:20mins*



### Energetic Code Meditation

Energetic Code Meaning: An amplifying Code, strengthen the Codes it lies beside; Energetic Awakening, Energetic Truth, Energetic Peace. The Energetic Code brings through the energy and encodement of the Great Central Sun, Alcyone. This Code also energises and amplifies the Earth's energy points or leylines, bringing into alignment the energy that moves

through these sites.



Sound: Oh-wa Oh-wa Oh-wa nee  
Works through the 3rd Eye chakra

We connect first with this Code as a light shaft begins to activate through our central pillar, as the golden chambers held within this Code are activated through our 3rd Eye Chakra and Heart. We are lifted to the Great Central Sun, Alcyone here we are gifted 2 shards of crystal, to upgrade us to the new energies. *21:59mins*



### Activator Code Meditation

Activator Code Meaning: The outside world with its distractions, noise and stress can be brought back into balance by spending time connecting to the inner light of our heart.

Sound: Om nee Ra

Works through the Crown Chakra

We begin to activate 12 golden pyramids one inside the other anchored within each of our chakras. The pyramid connected with the Star System Sirius, where we are taken to the Temple of the Pyramids. Here we are joined by Celestial Beings who match their frequency with ours and guide us to a sacred pyramid within the temple to receive all that is in divine order for us at this comic moment. *22:52mins*



### Transcendence Meditation

Transcendence Code Meaning: Transcendence works divinely with the Blue Christed Ray, held by Lord Sananda. This is a powerful Code aligning your spiritual direction with the heart.

Works through the Soul Star Chakra

In this meditation, we are joined by Lord Sananda and the 12 Light Beings who oversee the Codes of Transformation, they place each Code into their chakra activating each with its mantra to expand & activating them. The Code of Transcendence is placed within the Soul Star Chakra as the Blue Ray Christed Chamber is activated with the highest frequency Blue Christed Light as the Light Beings sound your mantra. *20:48mins*

## How to work with the Codes during Meditation

Before starting each of the meditations, it's a great idea to connect with the Code. Spend a moment or two looking at the image of the Code.

These are multidimensional Light Language cards, so you may feel energy or a vibration in certain parts of your body or even moving through your body as you connect deeply with the image.

Once you have spent a few moments connecting with the Code, you are then ready to start the Meditations and your transformational journey.

Owning your own set of Light Codes is a powerful way to connect with each of the Codes and their accompanying Meditations.

The Codes are available for purchase in the Store.

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