



## **Meditation Information**

### **Codes of Divine Light Meditations**

Each of the Codes of Divine Light have their own and unique channelled meditation. These are a beautiful way to integrate the energy and light coding held within these powerful light language cards.

These beautiful meditations take us on journeys into the stars, into the Inner Earth and into divine healing chambers where we meet with Angelic and Higher Dimensional Beings, Ascended Masters, and our own Higher Self in profoundly transmutational journeys.

They activate on so many levels and are here to expand our consciousness as they are multi-dimensional vortexes of light and power, the Codes are here to assist us to easily move forward on our spiritual journey, supporting us to fulfil our greatest potential.

Each mediation is recorded live in my own mediation group.



### Creation Code Meditation

Creation Code Meaning: We are all the Master Creators of every aspect of our lives, through our thoughts and words, we are creating our reality.

What do you wish to create?

Our meditation using the Creation Code, a light Temple is anchored over us and infused with golden opalescent light, moving into our chakras, physical body and each of our energy bodies. We are joined by a Creation Archangel activating the Creation Code in our Soul Star chakra and moving us into the Temple of Creation. *29:34mins*



### Healing Code Meditation

We all have the potential to be the healer. Allowing divine energies to flow through us is always the catalyst to start the Divine Healing process.

You are the Master Healer.

In this meditation we journey into a gateway within our heart to a higher dimension, emerging into an amethyst cave radiating soft amethyst light, here we are joined by Amethyst Angels who hold a sacred space for us to receive a deep healing through our body and each of our energy bodies. *16:42mins*



### Balance Code Meditation

Balance Code Meaning: The outside world with its distractions, noise and stress can be brought back into balance by spending time connecting to the inner light of our heart.

In the Balance meditation, we enter a Divine Healing Chamber filled with diamond white light holding the pink ray, Angelic Ones fill the chamber, holding and supporting us, as we Balance the connections between our beautiful Masculine and Feminine Self. *18:07mins*



### Strength Code Meditation

Strength Code Meaning: Our inner strength can be our guiding light, especially when we ask for assistance from our guides, our divine teams, the Angels and Archangels

In this meditation we find ourselves standing within a golden orb of light, we move through a portal in the back our expansive heart. We are joined by an Ascended Master; one we recognise and know well. This master has come to share a sacred symbol with you, that is need now more than ever before, to again be anchored upon the earth. *17:31mins*



### Light Code Meditation

Light Code Meaning: Our journey to divinity is to recognise the light that emanates from all beings and this includes ourselves. Opening to the light allows life giving Source energy to completely fill us.

We begin our journey with the Code of Light, connecting to the Inner Sun in our heart, opening and expanding this divine light through our chakras, we are joined by Solar Emissaries and the Solar Logos lifting us into the Great Solar Temple held within the Central Sun. Here we receive Light Codes which are then anchored into Mother Gaia's heart.

*23:05mins*



### Evolution Code Meditation

Evolution Code Meaning: As we move through life, we cannot help but change. To change with grace and understanding means taking a moment of reflection on all the changes and growth we have moved through. To see how these have shaped and expanded our consciousness.

Our meditation working with the Evolution Code, a trinity Masters steps forward to you in the sacred chamber of your heart. Bringing a box of light containing the entire cosmos within. At the centre of the cosmos a large fiery ball that holds all the potential of endless possibilities, to assist you in this cosmic moment. *20:22mins*



### Unified Field Code Meditation

Unified Field Code Meaning: The unified field is an energetic field of light that surrounds each and every one of us. Simply by thinking or connecting the field allows love and light to surround us, so that we may be at one with all Beings on the earth.

In this meditation 12 Angelic Ones of the sacred white, green and gold rays of light step to you, placing sacred geometry into each of your 12 primary chakras, moving us into a higher dimension. The Archangels ask that you send the light of your heart out into the United Field in deep connection with all Beings and then to sit and receive all the light and love back into your Being.

*20:24mins*



### Power Code Meditation

Power Code Meaning: The sacred 3-fold flame of our hearts centre is the sacred power we carry that moves us forward though our life. When we connect and expand our hearts flame, we open to the potential of who we really are, Divine Sovereign Beings.

In this meditation with the Power Code, 12 Archangels merge within our hearts sacred space holding their hearts open to you as your Higher Self connects with you. Moving through a gateway within your heart into a Crystalline Temple you begin a journey of anchoring your sacred Power in specific places on the Earth Mother.

*22:30mins*



### Truth Code Meditation

Truth Code Meaning: Speaking our soul's truth in all moments allows for the constant flow of light energy from Source. To speak our truth to another allows for a deep and loving connection to be nurtured which is expanded as the truth of our heart is shared.

We are joined by the Ascended Master Quan Yin and the Angels of Grace and Compassion as we journey with them to discover the truth of our own divinity, as we move to the Temple of the Compassionate Heart.

This is truly a beautiful and powerful meditation.

*20:06mins*



### Family Code Meditation

Family Code Meaning: Our divine connection to family, bridges all time & space. It connects us not only with our birth families but has a greater connection to our Soul families, our Starry families and our Galactic families.

Lineage of our Divine Masculine and Divine Feminine. Angelic Ones create a healing chamber around us, as members of our Divine Feminine Linage and the Divine Masculine step into the chamber, clearing a block that is currently presenting in your life to be cleared.

*23:37mins*



### Alignment Code Meditation

Alignment Code Meaning: Alignment with our life mission or life purpose is essential. Watching for the clues, keys or messages which guide us along the path to the true service of our life mission

Our meditation is another beautiful and powerful meditation as a group of Christed Angels bring the Christed Blue Ray creating a sacred space for you to work within. Lord Sananda joins us placing pearls into each of our chakras as he assists us to move to the Blue Christed Temple, where sacred elixirs and Codes activate through your body, to assist with the Alignment of all that is occurring in this cosmic moment.

*23:03mins*



### Luna Code Meditation

Luna Code Meaning: As the moon moves through her many monthly phases, so we also move through our own cycles. Gently moving through these phases allows integration of light frequencies, bringing grace and ease to our lives

In this meditation we work deeply with the Luna Code as Lady Venus joins us with her Venusian Angels of Light, we are transported in a cosmic moonbeam pillar to the Venusian Light Temples to receive that which is the highest for you at this cosmic moment. *24:01min*

## How to work with the Codes during Meditation

Before starting each of the meditations, it's a great idea to connect with the Code. Spend a moment or two looking at the image of the Code.

These are multidimensional Light Language cards, so you may feel energy or a vibration in certain parts of your body or even moving through your body as you connect deeply with the image.

Once you have spent a few moments connecting with the Code, you are then ready to start the Meditations and your transformational journey.

Owning your own set of Light Codes is a powerful way to connect with each of the Codes and their accompanying Meditations.

The Codes are available for purchase in the Store.

**R'hishana Kateea Sheehan**

**[www.codesoftransition.com](http://www.codesoftransition.com)**

**[codes.of@gmail.com](mailto:codes.of@gmail.com)**