

# NexStar *Journeys*

## Peru Itinerary Dates to be confirmed

I am honoured that you are considering joining me in Peru.

With much excitement, I share my itinerary with you, for you are about to embark on a truly life changing journey, visiting some of the most spiritually energetic places in South America. Connecting with the beautiful Peruvian people, the mountain Masters, the Guardians and Keepers of the land, connecting with your own wisdom and awakening in deep remembrance of who you truly are in this remarkable place.

Ancient Peru is the hara chakra of the planet and backbone of the world.

This is a journey of deep connection with our Inner Being, our Divine Selves and the 7 Levels of Wisdom & Awakening held within the light language cards, the Codes of Transition.

This will also be a very special trip, as you will be assisting me to deeply anchor and activate the newly channelled Codes, called the Codes of Transformation. These will be an incredible blessing to the Earth and all her Beings in the coming times.

### **Day One: Arrive at Cusco Reception and transfer to the hotel**

Welcome to Cusco! Cusco is known as the centre of the Incan Universe, City of the Puma and the navel chakra of the world. It is a beautiful lively city full of gorgeous Incan and Spanish architecture.

We will be warmly greeted at the airport by our guide and transferred to our hotel in Cusco.

It is recommended on this first day to rest for a few hours to assist with any altitude sensitivities.

The day is free to connect with the incredible city and enjoy the colourful Easter Festivities.

We have an early evening group meeting, to introduce ourselves and to talk about the great awakening of our spiritual consciousness planned for this trip.

Hotel: Hotel Ruinas - Boutique



## Day Two: Cusco, Coca Reading, Shamanic Ceremony at Amaru Machay Half day activity

After breakfast we will take a private bus to the great temple of Amaru Machay - Temple of Life and Temple of the Serpents, just outside of the city of Cusco.

We will be joined by an Andean Priest for a beautiful Shamanic Activation Ceremony and a spiritual teaching. Receiving an individual Coca Leaf reading (10-15 mins), assisting us on our coming journey with ancient and ancestral guidance & healing to support us with the expansive journey we are embarking on. Our experienced guide, Manuel will share the historical and spiritual significance of Amaru Machay, as we connect with this incredible Temple of Life.

We will begin our work with the 7 Levels with a meditation to activate our Star Bodies of Light. After experiencing a deepening of our wisdom at this site, we will walk back into Cusco along Ancestral roads to assist with the deep integration of the morning's activities.

Our afternoon is free to explore more of the incredible city of Cusco.



## Day Three: Cusco, Visit to Sacred Sites of Q'eqo and Sacsayhuaman Half day activity

After an early breakfast at the hotel, our bus will take us to Q'eqo - Temple of the Puma. This is an Incan centre of great awakening, here we connect to our intelligent inner Puma as Manuel shares the historical and spiritual significance of the site. We will hold a ceremony for our spiritual awakening.

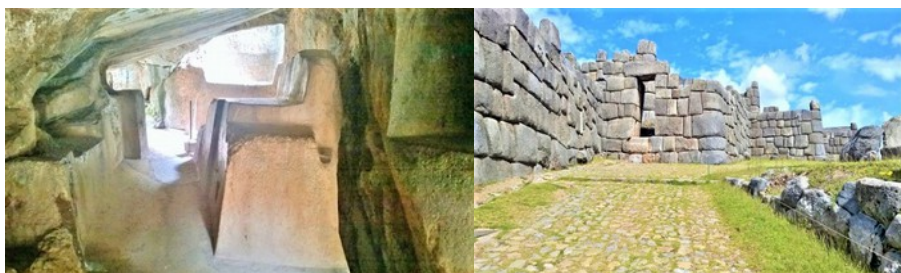
A short walk will take us from Q'eqo to Sacsayhuaman - Temple of Lightning.

Here we will discover the historical and spiritual significance of this beautiful and mysterious site. Today we begin our journey with the 7 Levels of the Codes of Transition. Working with the first level and the Codes; Forgiveness, Love and Peace. We participate in a meditation to connect us deeply with these Codes, journeying into a Crystalline Temple within the site and receiving a deep healing.

Today we will also begin the grounding and activation of the Codes of Transformation.

Walking back into Cusco along the ancient roads we will enjoy the extraordinary views over Cusco.

Afternoon is free to explore the city of Cusco, enjoying the many museums and cathedrals.



## Day Four: Cusco, Temple of Water in Tipon Half day activity

After an early breakfast, the bus will take us to Tipon - Temple of Water.

Tipon is a centre of great spiritual healing and deep ancestral memories. Today we will walk to the Temple near the top of the site, stopping frequently as Manuel shares the significant historical and spiritual information about this vast site, while we enjoy the incredible views over the valley.

We will participate in a ceremony, connecting us with the ancestral memories held within this beautiful site. Before working with the 2nd Level of the Codes of Transition: with the cards Nurture, Inner Knowing and Radiance, we journey in meditation to the portal held within Tipon and are joined by the Ancient and Starry Mothers in a crystal cavern for a deep activation with these Codes.

The walk back to the bus will showcase the incredible Incan engineering of Tipon.

Afternoon is free to explore the city of Cusco.



## Day Five: Cusco, Temple of the Ancestors, Fire in Pisac Full day activity

This morning we have an early start, after breakfast we take our bus to Pisac - Temple of the Ancestors and Temple of Fire, in the Sacred Valley. Sitting high in the mountains above the town of Pisac, the Temple of Fire is full of history and the tombs of the Ancestors, which can still be seen in the hills around the site.

After an energy connection ceremony with the Ancestors, Manuel will share the history and spiritual significance of Pisac while we walk through this beautifully terraced site.

Today we will be working deeply with Level 3 and the Codes; Surrender, Wisdom, and Awakening. We merge into the sacred Condor as Ancestral knowledge & wisdom held in Pisac, spirals into our Condor body.

We then descend the Ancestral paths to the town of Pisac, where we will enjoy its charm, colourful craft market and lunch. Returning to Cusco mid-afternoon.





## Day Six: Cusco, Patabamba, Huchuy Qosqo, Lamay & Urubamba

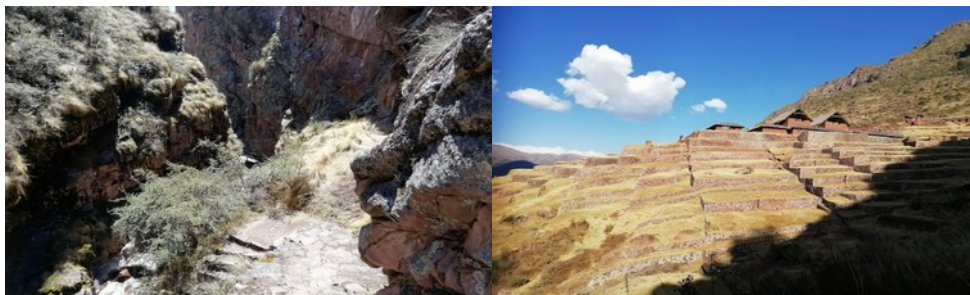
### Full day activity

Another early start this morning, after breakfast we will drive to the town of Patabamba, high in the mountains overlooking the Sacred Valley. Here we will begin our walk through the mountains and into the Lion Canyon on our way to Huchuy Qosqo. This is a deeply spiritual walk, as we travel the grid lines of knowledge as we connect with our higher self and the ancestors as we heal and expand our Inner Being. Today we will be blessed with a beautiful dispatch ceremony of activation and wisdom with an Andean Shaman. The offering is burnt with honour and gratitude at midday, with thanks for all we are receiving from Pachamama on our journey of Wisdom and Awakening.

Our walk continues through the canyon to the Gate of Divine Light at the Temple of Huchuy Qosqo. Working with the Master Codes; Faith, Dreams and Unity with a deep mediation at the site.

We leave Huchuy Qosqo driving through the town of Lamay and on to Urubamba town where we will spend the night. Evening free.

Hotel: To be confirmed



## Day Seven: Urubamba, Temple of Mother Earth - Moray & Ollantaytambo

### Half day activity

Early breakfast at the hotel, followed by a one hour bus trip to Moray - Temple of Mother Earth.

A deeply energetic and spiritual site, here we will receive a spiritual and historical explanation from Manuel about Moray. Followed by a ceremony to connect us to the ancient wisdom and womb of Mother Earth with a dispatch from the Andean Priest.

Working today with Level 5 and the Codes: Faith, Forgiveness, Surrender and Nurture, with a channeled meditation, entering the womb of the Earth Mother, where the Starry Mothers have gathered again to take us on a healing journey with these 4 Codes.

We will be transferred to the hotel in Ollantaytambo and will have a free afternoon to discover this lovely market town.

Hotel: Sol Natura Hotel



## **Day Eight: Ollantaytambo, Temple of Transformation & Aguas Calientes**

### **Full day activity**

Early breakfast at the hotel, then we walk to Ollanta - Temple of the Wind and Temple of Transformation. As we walk through this incredible site, we will receive a spiritual and mystical explanation about the mountains and this ancient pre-Incan site. We will sit in a spiritual transformation ceremony and stand at the top of Ollantaytambo in front of the great Mountain Masters in the divine wind gate receiving a deep healing. Here we will continue working with Level 5 and the Codes: Faith, Forgiveness, Surrender and Nurture, sitting with our own inner guidance and mediation. Journaling all we receive.

Ollantaytambo is a centre for preparation before journeying to Machu Picchu tomorrow.

After our visit to Ollantaytambo, we will have a quick lunch and then board the train to Aguas Calientes.

A beautiful journey as the train travels beside the river, through the mountains and into the tropical rainforest before arriving at Aguas Calientes, near Machu Picchu, here we will spend the night.

Afternoon is free to explore this vibrant city.

Hotel: Terraza De Luna



## **Day Nine: Aguas Calientes, Machu Picchu - Crystal City**

### **Full day activity**

A very early start to meet the bus to Machu Picchu - Temple of the Serpent, Condor and Puma.

Here we will receive the blessings from the first rays of the sun as it touches Machu Picchu.

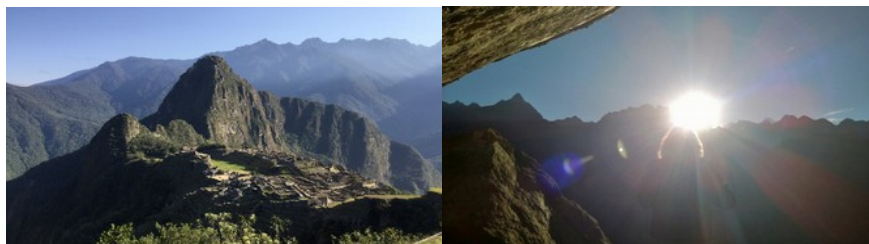
Manuel will share the historical, energetic and spiritual explanation about Machu Picchu as we begin our tour of this truly incredible place.

There will be plenty of time to take iconic photos overlooking the citadel and Huaynapicchu Mountain.

Here we will begin working with the 6th Level of the Codes; Love, Unity, Awakening and Inner Knowing with a guided meditation, along the terraces overlooking the Mountain Masters. We will spend some time exploring the energy centres and Temples of this truly incredible place, connecting consciously to the vibrations of divine and universal information left by the great Pre-Incan civilisations.

Catching the bus back to Aguas Calientes in time for a leisurely lunch.

The rest of the afternoon is free to explore the town or maybe visit the hot pools.



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## Day Ten: Aguas Calientes, Huaynapicchu, Ollanta & Cusco Full day activity

Another very early start, to again catch the bus to Machu Picchu where we will receive the blessings from the Sun Father, activating our Inner Being. We start the walk to the top of Huaynapicchu, this walk will be a special moment to balance and align the masculine and feminine energy centres of our Being.

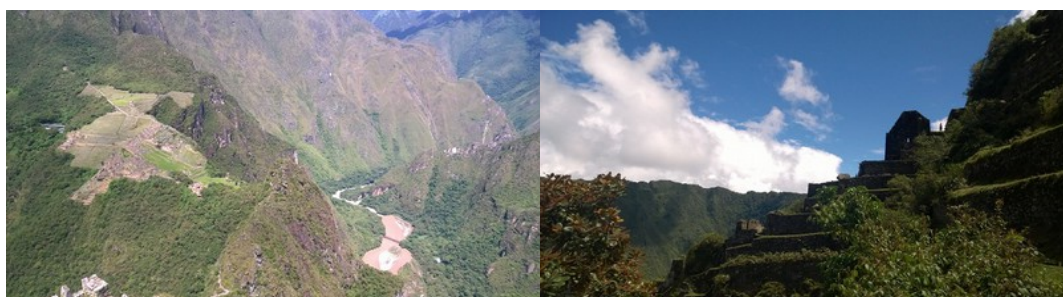
We may see hummingbirds on our journey up, known as channelers for the Ancestors. The views will be breathtaking and well worth the climb as we reach the summit, and the Temple at the top.

Here we will work again with Level 6 of the Codes; Love, Unity, Awakening & Inner Knowing, with our own guidance and inner meditational work, with time to journal all we receive, while working with this Level.

At the top of Huaynapicchu we will also anchor and activate the Codes of Transformation.

A slow descent back to the sanctuary of Machu Picchu, where we will again board the bus to Aguas Calientes. After lunch, we will catch the train back to Ollantaytambo, transferring to our bus for a late arrival and final night in the city of Cusco.

Hotel: Hotel Ruinas Boutique



## Day Eleven: Cusco to Puno Full day activity

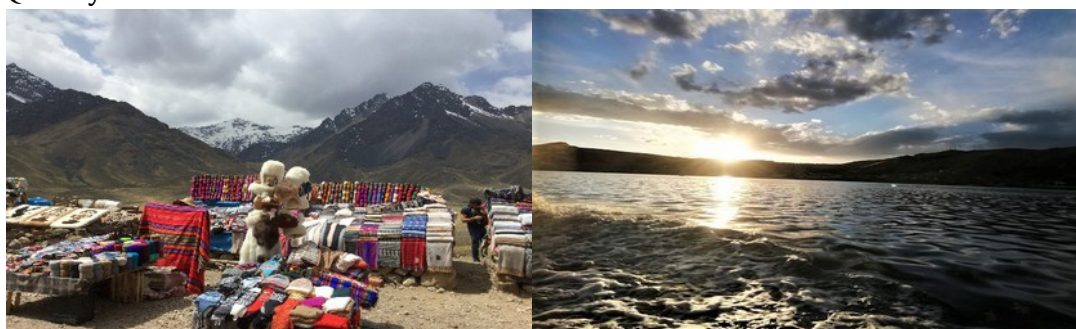
An early breakfast at the hotel, we are then transferred to the bus terminal for a 6-7 hour trip on a tourist coach. This is a beautiful journey through some incredible landscapes with majestic mountains, glaciers, small villages and farmland, as we climb to 4400m, the highest point of our trip.

The scenery changes as we enter the geographical area of the altiplano in the Peruvian highlands, a very dry and arid landscape.

We travel to Juliaca, outside Puno where the bus terminates and we transfer to a small bus. We continue our trip to Puno, folkloric capital of Peru located at 3800m above sea level on the beautiful Lake Titicaca. We will be transferred to our hotel.

The evening is free to explore and acclimatise to Puno.

Hotel: Hotel Qalabaya





## Day Twelve: Puno, Uros, Taquile & Puno

### Full day activity

After breakfast at the hotel, we will be transferred to the Port of Puno. We will spend the morning on Lake Titicaca, visiting one of the amazing floating Islands of Uros. We will experience the ancient lifestyle living on the floating islands of Lake Titicaca, how their homes are constructed and their customs.

We then travel to the Island of Taquile, meeting the descendant of the Quechuas and experiencing Island life and a delicious lunch.

Here we will begin working with the 7th Level of the Codes and the cards; Radiance, Dreams, Wisdom and Peace with a guided meditation on the edge of Lake Titicaca.

A walk to the boat and another leisurely boat ride back to Puno and our hotel.

Our last night together, we will celebrate our incredible journey with a Dinner and Show in Puno.



## Day Thirteen: Puno, Amaru Muru - Ceremony, Airport Transfers

### Half day activity

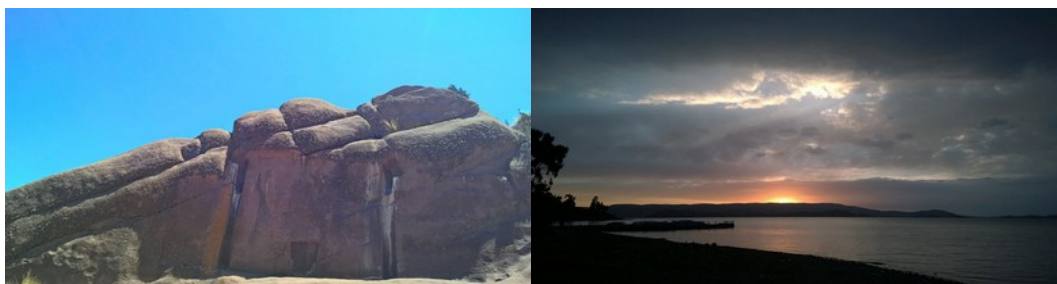
A very early start this morning, as we travel to our final destination around Lake Titicaca; known as the great astronomical mirror, on our way to the Gate of the Gods; Aramu Muru. This is an incredibly important spiritual site and a significant moment in our spiritual journey, as we connect to the incredible energetic three-dimensional doorway.

Manuel will share the spiritual and historical explanation about Amaru Muru as we explore this site. We perform a final Ceremony called a Quintu, in deep gratitude for all we have received and released from our Being in these amazing sacred sites we have visited over the last 2 weeks.

Here we finish our work with the Codes, working deeply with the 7th Level and the Codes Radiance, Dreams, Wisdom and Peace with our own inner guidance & meditation, journaling all that we receive on this final day.

We will also activate and ground the Codes of Transformation for the final time at Amaru Muru.

After the morning's visit, you are transferred to the airport in Juliaca, for your flights home.



I have travelled with Manuel in both my previous trips to Peru, he is an incredibly knowledgeable guide, both historically and energetically. As an energetic healer, he is deeply connected to ancestral principles, Pachamama (the Earth) and to the truth of the cosmos, bringing that incredible connection through everything he does and teaches.

It is truly an honour and blessing that he will be our spiritual guide for our journey.



### 13 Day Spiritual Tour in Peru

**\$USD to be confirmed** per person twin share  
- *price based on minimum 6 people, please see inclusions*

If this journey resonates an \$1000aud deposit will hold your place.

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## What's included in the Tour

- Teaching & Meditations using the Codes of Transition - the 7 Levels (includes the Codes)
- Codes of Transformation - New set of Multidimensional cards
- Spiritual guide for visits to all sites
- Transfer from the airport to the hotel in Cusco
- Transfer from hotel in Puno to airport in Juliaca
- Return transfer from Cusco to the train station at Ollantaytambo
- Transfer from Cusco to the bus station for bus service to Puno
- Transportation to visit the holy places of Cusco and Puno city
- Transportation on boat to and from Uros and Taquile on Lake Titicaca
- Transportation in shared bus service from Cusco to Puno
- Admission tickets to visit the spiritual temples in Cusco and Puno
- Admission to visit Machu Picchu and Huaynapicchu Mountain
- Return train tickets to Machu Picchu from Ollantaytambo
- Return bus tickets to and from Machu Picchu
- A Shaman for reading the coca leaves and beautiful dispatch ceremonies
- 6 nights hotel in Cusco
- 1 night hotel in Urubamba
- 1 night in Ollantaytambo
- 2 nights hotel in Aguas Calientes
- 2 nights hotel in Puno
- Breakfast each morning (except on the days we go to Machu Picchu)



## What's not included in the Tour

- Return flights to the Tour meeting point and departure points - Tour starts in Cusco and finishes in Juliaca, near Puno
- All other costs incurred before you board transport at the Meeting Point and after you return to the departure point
- Travel insurance, or any other insurance personal to you
- Passport and visa costs
- Vaccinations and medication, before, during and after the Tour
- All food that is not mentioned in the travel itinerary - lunch, dinner and all snacks
- Gratitude tips
- Anything that is not indicated on the itinerary

Deposits and full payment can be made directly to:

Bendigo Bank

NexStar Travels

BSB: 633 000

Account: 171 907 793

*\*Please note the itinerary is always subject to last minute changes, due to unforeseen circumstances\**



## Retreat Enquiry Form

First	Middle Names	Surname
Preferred Name:	_____	
Address:	_____ _____	
Suburb/City:	_____	
State:	_____	
Country:	_____	
Postcode/Zip:	_____	
Email:	_____	
Phone:	_____	

*Lake Titicaca*

